

ROLAND JR. SR. HIGH

DECEMBER 2011

MON	TUES	WED	THUR	FRI
			1. BREAKFAST: SCONES, YOGURT CEREAL JUICE, MILK LUNCH: HOT DOGS CHILI-CHEESE CHIPS SALAD BAR JUICE BARS, MILK	2. BREAKFAST: WAFFLES, FRUIT CEREAL JUICE, MILK LUNCH: BAKED FISH POTATOES BLACKEYED PEAS HUSHPUPIES SALAD, FRUIT., MILK
5. BREAKFAST: B-FAST BITES CEREAL JUICE, MILK LUNCH: PIZZA CORN SALAD BAR BROWNIES MILK	6. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: CHIC. FRIED STK. SANDWICH, CHIPS SOUP-SALAD BAR PINEAPPLE SLICE MILK	7. BREAKFAST: DANISH, YOGURT CEREAL JUICE, MILK LUNCH: BEEF TIPS & RICE MIXED VEG'S ROLLS, SALAD BAR JELLO MILK	8. BREAKFAST: B-FAST BURRITO CEREAL JUICE, MILK LUNCH: BURGERS CHIPS SALAD BAR PUDDING CUPS MILK	9. BREAKFAST: PANCAKES CEREAL JUICE, MILK LUNCH: CHEF SALAD BAKED POTATOES BROCCOLI-CHEESE GARLIC STICKS SALAD, CAKE, MILK
12. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: SPAGHETTI & MEATBALLS GREEN BEANS GARLIC TOAST SALAD, FRUIT, MILK	13. BREAKFAST: B-FAST BARS, TOAST HASHBROWNS CEREAL, JUICE, MILK LUNCH: CRISPITOS FIESTA RICE SALAD BAR APPLE CRISP MILK	14. BREAKFAST: CHICKEN BISCUITS CEREAL, JUICE MILK LUNCH: BURGERS CHIPS SOUP-SALAD BAR PUDDING CUPS MILK	15. BREAKFAST: MUFFINS, YOGURT CEREAL JUICE, MILK LUNCH: BAKED HAM POTATOES GREEN BEANS ROLLS, SALAD CHEESECAKE, MILK	16. BREAKFAST: CREAMED BEEF TOAST, CEREAL JUICE, MILK LUNCH: CORN DOGS BAKED BEANS SALAD BAR ICE CREAM MILK

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