

# ROLAND HIGH LUNCH

## JANUARY 2012

MON	TUES	WED	THURS	FRI
<b>1. BREAKFAST:</b> B-FAST BITES CEREAL JUICE, MILK <b>LUNCH:</b> PIZZA CORN SALAD BAR BROWNIES MILK	<b>2. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> BURGERS FRIES SALAD BAR PUDDING MILK	<b>3. BREAKFAST:</b> MUFFINS, YOGURT CEREAL JUICE, MILK <b>LUNCH:</b> SALISBURY STKS. POTATOES, GRAVY GR. BEANS, ROLLS SALAD BAR FRUIT, MILK	<b>4. BREAKFAST:</b> SCR. EGGS, TOAST CEREAL JUICE, MILK <b>LUNCH:</b> SHRIMP WRAPS ORIENTAL RICE SALAD BAR COOKIES MILK	<b>5. BREAKFAST:</b> PANCAKES CEREAL JUICE, MILK <b>LUNCH:</b> CHILI GRILLED CHEESE SALAD BAR COBBLER MILK
<b>9. BREAKFAST:</b> B-FAST BARS TOAST, CEREAL JUICE, MILK <b>LUNCH:</b> B-B-Q ON BUN BAKED BEANS CHIPS SALAD BAR COOKIES, MILK	<b>10. BREAKFAST:</b> OMLETS, TOAST CEREAL JUICE, MILK <b>LUNCH:</b> STK. FINGERS POTATOES, GRAVY CORN, ROLLS SALAD BAR FRUIT, MILK	<b>11. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> CHILI DOGS CHIPS SALAD BAR FRUIT MILK	<b>12. BREAKFAST:</b> CINNAMON ROLLS YOGURT, CEREAL JUICE, MILK <b>LUNCH:</b> CRISPITOS RANCH BEANS SALAD BAR LEMON BARS MILK	<b>13. BREAKFAST:</b> FRENCH TOAST FRUIT, CEREAL JUICE, MILK <b>LUNCH:</b> BEANS & HAM FRIED POTATOES CORNBREAD SALAD BAR COOKIES, MILK
<b>16.</b>  <b>NO SCHOOL</b>	<b>17. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> BURGERS CHIPS BAKED BEANS SALAD BAR PUDDING MILK	<b>18. BREAKFAST:</b> B-FAST PIZZA CEREAL JUICE, MILK <b>LUNCH:</b> CHIC. SPAGHETTI GREEN BEANS BREAD STIX SALAD BAR JELLO/FRUIT MILK	<b>19. BREAKFAST:</b> MUFFINS, YOGURT CEREAL JUICE, MILK <b>LUNCH:</b> SUB SANDWICHES CHIPS SOUP-SALAD BAR CAKE MILK	<b>20. BREAKFAST:</b> PANCAKES CEREAL JUICE, MILK <b>LUNCH:</b> BEEF STEW CORNBREAD SALAD BAR COBBLER MILK
<b>23. BREAKFAST:</b> BEEF-GRAVY TOAST, CEREAL JUICE, MILK <b>LUNCH:</b> MAC & CHEESE SMOKIES, GR. BEANS ROLLS, SALAD BAR JELLO MILK	<b>24. BREAKFAST:</b> SCR. EGGS, TOAST CEREAL JUICE, MILK <b>LUNCH:</b> BURGERS CHIPS SALAD BAR PUDDING MILK	<b>25. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> FRITO CHILI PIE CORN SALAD BAR ICE CREAM MILK	<b>26. BREAKFAST:</b> SCONES, YOGURT CEREAL JUICE, MILK <b>LUNCH:</b> CORN DOGS BAKED BEANS SALAD BAR COOKIES MILK	<b>27. BREAKFAST:</b> FRENCH TOAST FRUIT, CEREAL JUICE, MILK <b>LUNCH:</b> CHEF SALAD BAKED POTATOES BROCCOLI-CHEESE GARLIC BREAD SALAD BAR COBBLER, MILK
<b>30. BREAKFAST:</b> B-FAST BITES CEREAL JUICE, MILK <b>LUNCH:</b> SPAGHETTI GR. BEANS GARLIC BISCUITS SALAD BAR FRUIT, MILK	<b>31. BREAKFAST:</b> CHICKEN BISCUIT CEREAL JUICE, MILK <b>LUNCH:</b> CHILI DOGS CHIPS SALAD BAR COOKIES MILK			

In accordance with federal law and United State Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, or call (800) 795-3272 (Voice or (202) 720-6382 (TTY), USDA is an equal opportunity provider and employer.