

# ROLAND HIGH LUNCH

## NOVEMBER 2011

MON	TUES	WED	THURS	FRI
	<b>1. BREAKFAST:</b> OMLETS, SAUSAGE CEREAL JUICE, MILK <b>LUNCH:</b> CRISPITOS CORN SALAD BAR APPLE CRISP MILK	<b>2. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> SPAGHETTI ENGLISH PEAS GARLIC TOAST SALAD BAR JELLO MILK	<b>3. BREAKFAST:</b> SCONES, YOGURT CEREAL JUICE, MILK <b>LUNCH:</b> BURGERS CHIPS BAKED BEANS SALAD BAR PUDDING MILK	<b>4. BREAKFAST:</b> PANCAKES CEREAL JUICE, MILK <b>LUNCH:</b> BAKED POTATOES CHEF SALAD BROCCOLI/ CHEESE GARLIC BREAD SALAD BAR CAKE, MILK
<b>7. BREAKFAST:</b> B-FAST BITES CEREAL JUICE, MILK <b>LUNCH:</b> CHILI FRITO PIE CORN SALAD BAR PEARS MILK	<b>8. BREAKFAST:</b> SCRAMBLED EGGS TOAST, CEREAL JUICE, MILK <b>LUNCH:</b> STEAK FINGERS POTATOES, GRAVY GREEN BEANS, ROLLS, SALAD BAR JELLO-W-FRUIT MILK	<b>9. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> BURGERS CHIPS SALAD BAR PUDDING MILK	<b>10. BREAKFAST:</b> CINNAMON ROLLS YOGURT, CEREAL JUICE, MILK <b>LUNCH:</b> NACHO SUPREME REFRIED BEANS SALAD BAR COOKIES MILK	<b>11. BREAKFAST:</b> FRENCH TOAST CEREAL JUICE, MILK <b>LUNCH:</b> PINTO BEANS&HAM FRIED POTATOES KRAUT,CORNBREAD SALAD BAR COBBLER MILK
<b>14. BREAKFAST:</b> B-FAST BARS CEREAL JUICE, MILK <b>LUNCH:</b> PIZZA CORN SALAD BAR BROWNIES MILK	<b>15. BREAKFAST:</b> B-FAST PIZZA CEREAL JUICE, MILK <b>LUNCH:</b> GRILLED CHIC. SANDWICH, CHIPS SOUP-SALAD BAR COOKIES MILK	<b>16. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> BURRITOS MEX. RICE SALAD BAR APPLESAUCE CAKE MILK	<b>17. BREAKFAST:</b> FR. TOAST STIX CEREAL JUICE, MILK <b>LUNCH:</b> CORN DOGS BAKED BEANS SALAD BAR PEACHES MILK	<b>18. BREAKFAST:</b> MUFFINS, YOGURT CEREAL JUICE, MILK <b>LUNCH:</b> TURKEY-DRESSING POTATOES, GRAVY GREEN BEANS HOT ROLLS SALAD BAR PIES, MILK
<b>28. BREAKFAST:</b> B-FAST ON A STICK CEREAL JUICE, MILK <b>LUNCH:</b> B-B-Q RIB SAND. BAKED BEANS CHIPS SALAD BAR	<b>29. BREAKFAST:</b> OMLETS, LINKS TOAST, CEREAL JUICE, MILK <b>LUNCH:</b> BEEF STIR FRY RICE, EGG ROLLS SALAD BAR COOKIES MILK	<b>30. BREAKFAST:</b> BISCUITS, GRAVY CEREAL JUICE, MILK <b>LUNCH:</b> CHIC. DRUMMIES POTATOES, GRAVY CORN, BISCUITS SALAD BAR PINEAPPLE SLICES MILK		

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