

ROLAND HIGH LUNCH

OCTOBER 2011

MON	TUES	WED	THURS	FRI
3. BREAKFAST: B-FAST BARS CEREAL, TOAST JUICE, MILK LUNCH: BURRITOS CHEESE NACHOS SALAD BAR APPLE CRISP, MILK	4. BREAKFAST: OMLETS, TOAST CEREAL JUICE, MILK LUNCH: GOULASH GR. BEANS, ROLLS SALAD BAR FRUIT, MILK	5. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: CHEESE BURGERS BAKED BEANS CHIPS, SALAD BAR PUDDING, MILK	6. BREAKFAST: MUFFINS, YOGURT CEREAL JUICE, MILK LUNCH: CHIX FILLETS CREAMED POT'S CORN, BISCUITS SALAD BAR FRUIT, MILK	7. BREAKFAST: WAFFLES STIX FRUIT, CEREAL JUICE, MILK LUNCH: CORN DOGS BAKED BEANS SALAD BAR SHERBET MILK
10. BREAKFAST: B-FAST BITES CEREAL JUICE, MILK LUNCH: CHICKEN SPAG. BROCCOLI/CHEESE GARLIC TOAST SALAD BAR PEACH HALVES MILK	11. BREAKFAST: B-FAST PIZZA CEREAL JUICE, MILK LUNCH: PORK CHOPS AU-GRATIN POT'S GREEN BEANS ROLLS, SALAD BAR FRUIT MILK	12. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: CHICKEN FAJITAS RANCH BEANS SALAD BAR COOKIES MILK	13. BREAKFAST: SCRAMBLED EGGS TOAST, CEREAL JUICE, MILK LUNCH: BURGERS CHIPS SALAD BAR BANANA PUDDING MILK	14. BREAKFAST: PANCAKES CEREAL JUICE, MILK LUNCH: CHILI FRIED OKRA CORNBREAD SALAD BAR CINNAMON ROLLS MILK
17. BREAKFAST: B-FAST BAGELS CEREAL JUICE, MILK LUNCH: PIZZA CORN SALAD BAR BROWNIES MILK	18. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: STK. SANDWICH BAKED BEANS SALAD BAR FRUIT MILK	19. BREAKFAST: FRENCH TOAST CEREAL JUICE, MILK LUNCH: HOT DOGS CHILI, CHEESE CHIPS SALAD BAR JUICE BARS MILK	NO SCHOOL	NO SCHOOL
24. BREAKFAST: B-FAST BARS TOAST, CEREAL JUICE, MILK LUNCH: GR.CHICKEN SAND. BAKED BEANS CHIPS, SALAD BAR COOKIE MILK	25. BREAKFAST: SCR. EGGS, SAUS. TOAST, CEREAL JUICE, MILK LUNCH: MAC. & CHEESE SMOKIES, ROLLS MIXED VEG'S SALAD BAR JELLO, MILK	26. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: SHRIMP WRAPS WAFFLE FRIES SALAD BAR FRUIT MILK	27. BREAKFAST: DONUTS, YOGURT CEREAL JUICE, MILK LUNCH: TURKY-HAM SUBS SUN CHIPS SOUP-SALAD BAR ICE CREAM CUP MILK	OPEN HOUSE NO SCHOOL
31. BREAKFAST: BEEF GRAVY TOAST, CEREAL JUICE, MILK LUNCH: MR. RIBB SAND. TRI-TATORS SALAD BAR CINNAMON APPLES MILK				

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