

October 2011

Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Biscuit, Gravy Cereal, Juice, Milk ----- BBQ Nuggets, Baked Beans, Corn on Cob Bread, Milk, Salad	4 Eggs, Toast, Ham Juice, Milk, Cereal ----- Spaghetti, Bread stick Veggies, Apple Cake Milk, Salad bar	5 Cinnamon Toast Sausage, Cereal, Juice Milk----- Mini Quesadillas Beans, Jell-O, Milk Salad bar	6 Chocolate gravy Biscuit, Cereal, Juice Milk----- Chicken Strips, Potatoes, Biscuit Gravy, Fruit, Milk Salad bar	7 Muffin, Yogurt, Milk Cereal, Juice ----- Cheese Burger, Fries Mallow Treats Sherbet, Milk, Bar
10 Sausage Biscuit Cereal, Juice, Milk ----- Chicken Tacos Refried Beans, Fruit Bar, Milk	11 Pancakes, Bacon Cereal, Juice, Milk ----- Sloppy Joes, Fries Strawberries/Bananas Salad bar, Milk	12 Donuts, Yogurt Cereal, Juice, Milk ----- Turkey, Stuffing Veggies, Potatoes Salad bar, Milk, Roll	13 Eggs, Toast, Hash Browns, Cereal Juice, Milk----- Soup, Crackers Fruit, Cookies, Milk Salad bar	14 Cinnamon Toast Sausage, Cereal, Juice Milk----- Ham/Cheese sand. Chips, Pork n Beans Bar, Milk, Fruit
17 Breakfast Bagel Cereal, Juice, Milk ----- Grilled Chicken, Rice Veggies, Fruit, Milk Salad bar	18 Oatmeal, Toast Cereal, Juice, Milk ----- Macaroni/Cheese Smokies, G Beans Fruit, Milk, Salad bar	19 Sausage gravy Biscuit, Cereal, Juice Milk----- Burrito Supreme Cherry Pie/Ice Cream Corn, Salad bar, Milk	20 <div style="font-size: 2em; color: orange; font-weight: bold;">No School</div>	21 <div style="font-size: 2em; color: orange; font-weight: bold;">No School</div>
24 Sausage Roll Cereal, Juice, Milk ----- Chicken Nuggets Biscuit, Potatoes, Milk Fruit, Salad bar	25 Chocolate gravy Biscuit, Juice, Cereal Milk----- Corn Dogs, Baked Beans, Fruit, Milk Salad bar	26 Muffins, Yogurt Cereal, Juice, Milk ----- Grilled Cheese, Chips Pickle, Cherry Cheese Cake, Milk, Salad bar	27 Egg/Ham Biscuit Cereal, Juice, Milk ----- Chili Dogs, Fries Cookies, Fruit, Milk Salad bar	28 <div style="font-size: 2em; color: orange; font-weight: bold;">No School</div>
31 Biscuit, Gravy Cereal, Juice, Milk ----- Chicken Spaghetti Bread, Veggies, Fruit Salad bar, Milk				