

# September 2011

## Roland Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>Go Rangers!!!</b>		<b>Go Rangers!!!!</b>		
<b>5</b>  <i>No</i>  <i>School</i>	<b>6</b> Cinnamon Toast Sausage, Cereal, Milk Juice----- Chicken Strips, Biscuit Potatoes, Fruit, Milk Salad bar	<b>7</b> Eggs, Toast, Ham Cereal, Juice, Milk ----- Corn Dogs, Baked Beans, Jell-O Milk, Salad bar	<b>8</b> Sausage Gravy Biscuit, Cereal, Juice Milk----- Spanish Beef Rice Veggies, Cake Milk, Salad bar	<b>9</b> Oatmeal, Toast Cereal, Milk, Juice ----- Hot Dogs, Tots Sherbets, Milk Bar
<b>12</b> Sausage Biscuit Cereal, Juice, Milk ----- Taco, Refried Beans Brownies, Fruit Milk, Bar	<b>13</b> Donuts, Yogurt Cereal, Juice, Milk ----- Chopped Steak Potatoes, G Beans Rolls, Milk, Salad	<b>14</b> Breakfast Pizza Cereal, Juice, Milk ----- Steak Fingers, Biscuit Spiced Apples, Milk Carrots, Salad bar	<b>15</b> Biscuit, Gravy Cereal, Juice, Milk ----- Ham/Cheese sand Cupcakes, Chips Fruit, Milk, Bar	<b>16</b> Pancakes, Bacon Cereal, Juice, Milk ----- Cheesy Chicken Rice Fruit, Milk, Salad bar
<b>19</b> Biscuit, Gravy Cereal, Juice, Milk ----- Chicken, Fried Okra Beans, Cornbread Milk, Fruit, Salad bar	<b>20</b> Waffles sticks Ham, Cereal, Juice Milk----- Cheese Pizza, Veggies Milk, Salad bar Apple/Dip	<b>21</b> Eggs, Toast, Potatoes, Cereal, Juice Milk----- Chicken Nuggets Potatoes, Biscuit Fruit, Milk, Salad bar	<b>22</b> Sausage Rolls Cereal, Juice, Milk ----- Baked Ham, Rolls Broccoli/Cheese, Sweet Potatoes Milk, Salad bar	<b>23</b> Cinnamon Toast Cereal, Juice, Milk ----- Rib sand., Apple Crisp Fried Green Beans Milk, Bar
<b>26</b> Pancake on stick Cereal, Juice, Milk ----- Taco Burgers, Chips Corn Nuggets, Fruit Milk, Salad bar	<b>27</b> Hot Pockets Cereal, Juice, Milk ----- Grilled Pork Chops Mac/Cheese, G Beans Milk, Spiced Apples	<b>28</b> Oatmeal, Toast Cereal, Juice, Milk ----- Cowboy Beans, Fried Potatoes, Spinach Cornbread, Milk, Bar	<b>29</b> Egg/Cheese Biscuit, Cereal, Juice Milk----- Corn Dogs, Baked Beans, Cake, Fruit Milk, Salad bar	<b>30</b> Muffins, Yogurt Cereal, Juice, Milk ----- Turkey/Cheese sand. Chips, Sherbet, Pickles Milk, Bar



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