

ROLAND JR. SR. HIGH MENU

SEPTEMBER 2011

MON	TUES	WED	THURS	FRI
			1. BREAKFAST: SCRAMBLED EGGS TOAST, SAUSAGE CEREAL JUICE, MILK LUNCH: MEATBALL SUBS CHIPS SALAD BAR PUDDING MILK	2. BREAKFAST: PANCAKES CEREAL JUICE, MILK LUNCH: BEANS & HAM KRAUT FRIED POTATOES CORNBREAD, SALADBAR COBBLER, MILK
5. LABOR DAY NO SCHOOL	6. BREAKFAST: B-FAST BITES CEREAL JUICE, MILK LUNCH: PIZZA CORN SALAD BAR BROWNIES MILK	7. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: BURGERS FRIES SALAD BAR PUDDING MILK	8. BREAKFAST: MUFFINS, YOGURT CEREAL JUICE, MILK LUNCH: GRILLED HAM & CHEESE, CHIPS SOUP-SALAD BAR COOKIES MILK	9. BREAKFAST: FRENCH TOAST CEREAL JUICE, MILK LUNCH: CORN DOGS BAKED BEANS SALAD BAR ICE CREAM BAR MILK
12. BREAKFAST: B-FAST BITES CEREAL JUICE, MILK LUNCH: STK. FINGERS POTATOES, GRAVY GREEN BEANS ROLL, SALAD BAR PEACHES, MILK	13. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: CHICKEN STIR FRY RICE, EGG ROLL SALAD BAR COOKIES MILK	14. BREAKFAST: B-FAST PIZZA CEREAL JUICE, MILK LUNCH: SPAGHETTI MIXED VEG'S GARLIC TOAST SALAD BAR JELLO, MILK	15. BREAKFAST: SCR. EGGS, TOAST HASHBROWNS CEREAL, JUICE, MILK LUNCH: B-B-Q ON BUN BAKED BEANS CHIPS SALAD BAR FRUIT, MILK	16. BREAKFAST: WAFFLES CEREAL JUICE, MILK LUNCH: BAKED FISH AU-GRATIN POT'S BLACKEYED PEAS HUSHPUPIES SALAD BAR COBBLER, MILK
19. BREAKFAST: PANCAKE ON STICK CEREAL JUICE, MILK LUNCH: CRISPITOS CORN SALAD BAR CINNAMON APPLES MILK	20. BREAKFAST: FR. TOAST STIX CEREAL JUICE, MILK LUNCH: STEAK SANDWICH BAKED BEANS SALAD BAR FRUIT MILK	21. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: BEEF TIPS, NOODLE BABY CARROTS HOT ROLLS SALAD BAR FRUIT MILK	22. BREAKFAST: B-FAST CAKE YOGURT, CEREAL JUICE, MILK LUNCH: BURGERS, CHIPS BAKED BEANS SALAD BAR PUDDING FRUIT, MILK	23. BREAKFAST: PANCAKES CEREAL JUICE, MILK LUNCH: PIZZA POCKETS CORN SALAD BAR CAKE MILK
26. BREAKFAST: BEEF GRAVY TOAST, CEREAL JUICE, MILK LUNCH: PIZZA CORN SALAD BAR BROWNIES, MILK	27. BREAKFAST: BISCUITS, GRAVY CEREAL JUICE, MILK LUNCH: CHILI CHEESE DOGS CHIPS SALAD BAR ICE CREAM, MILK	28. BREAKFAST: DANISH, YOGURT CEREAL JUICE, MILK LUNCH: CHICKEN NUGGETS POT'S, CARROTS ROLLS, SALAD BAR FRUIT, MILK	29. BREAKFAST: B-FAST BURRITOS CEREAL JUICE, MILK LUNCH: BURGERS, CHIPS BAKED BEANS SALAD BAR PUDDING, MILK	30. BREAKFAST: FRENCH TOAST CEREAL JUICE, MILK LUNCH: BAKED POTATO CHEF SALAD, VEG. BR. STIX, SALAD COBBLER, MILK

In accordance with federal law and United State Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, or call (800) 795-3272 (Voice or (202) 720-6382 (TTY), USDA is an equal opportunity provider and employer.

In accordance with federal law and United State Department of Agriculture (USDA) policy, this institution is prohibited from